



## **TED Talks for American Spaces**

[TED](#) is a nonprofit devoted to spreading ideas in the form of short, powerful talks (18 minutes or less). TED was born in 1984 from a conference based around the convergence of technology, entertainment and design. TED now covers all topics, from science to business to global issues, in more than 100 languages. We selected the following list of TED Talks, as options for your American Spaces programs. They can be great short videos to set a theme for a program and get a discussion going. You can also make this listing available so that your visitors can stimulate their minds on their own, at their own pace.

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<https://www.ted.com/about/our-organization/our-policies-terms/ted-talks-usage-policy>

*The views expressed in these videos are those of the presenters, and do not necessarily reflect the views or support of the U.S. Government, the U.S. Department of State or the Bureau of International Information Programs.*

### **ABOUT THE UNITED STATES**

#### **Bill and Melinda Gates: Why Giving Away our Wealth Has Been the Most Satisfying Thing We've Done...**

In 1993, Bill and Melinda Gates—then engaged—took a walk on a beach in Zanzibar, and made a bold decision on how they would make sure that their wealth from Microsoft went back into society. In a conversation with Chris Anderson, the couple talks about their work at the Bill & Melinda Gates Foundation, as well as about their marriage, their children, their failures and the satisfaction of giving most of their wealth away.

**[Duration: 25 minutes; Subtitles: 26 languages]**

[http://www.ted.com/talks/bill\\_and\\_melinda\\_gates\\_why\\_giving\\_away\\_our\\_wealth\\_has\\_been\\_the\\_most\\_satisfying\\_thing\\_we\\_ve\\_done](http://www.ted.com/talks/bill_and_melinda_gates_why_giving_away_our_wealth_has_been_the_most_satisfying_thing_we_ve_done)

#### **Sayu Bhojwani: How Immigrant Voices Make Democracy Stronger**

In politics, representation matters — and that's why we should elect leaders who reflect their country's diversity and embrace its multicultural tapestry, says Sayu Bhojwani. Through her own story of becoming an American citizen, the immigration scholar reveals how her love and dedication to her country turned into a driving force for political change. "We have fought to be here," she says, calling immigrant voices to action. "It's our country, too."

**[Duration 13 minutes; Subtitles: 18 languages]**

[http://www.ted.com/talks/sayu\\_bhojwani\\_how\\_immigrant\\_voices\\_make\\_democracy\\_stronger](http://www.ted.com/talks/sayu_bhojwani_how_immigrant_voices_make_democracy_stronger)

### **Courtney Martin: The New American Dream**

For the first time in history, the majority of American parents don't think their kids will be better off than they were. This shouldn't be a cause for alarm, says journalist Courtney Martin. Rather, it's an opportunity to define a new approach to work and family that emphasizes community and creativity. "The biggest danger is not failing to achieve the American Dream," she says in a talk that will resonate far beyond the US. "The biggest danger is achieving a dream that you don't actually believe in."

[Duration: 16 minutes; Subtitles: 16 languages]

[http://www.ted.com/talks/courtney\\_martin\\_the\\_new\\_american\\_dream](http://www.ted.com/talks/courtney_martin_the_new_american_dream)

### **Dalia Mogahed: What is it Like to be Muslim in America**

When you look at Muslim scholar Dalia Mogahed, what do you see: A woman of faith? A scholar, a mom, a sister? Or an oppressed, brainwashed, potential terrorist? In this personal, powerful talk, Mogahed asks us, in this polarizing time, to fight negative perceptions of her faith in the media — and to choose empathy over prejudice.

[Duration: 16 minutes; Subtitles: 28 languages]

[http://www.ted.com/talks/dalia\\_mogahed\\_what\\_do\\_you\\_think\\_when\\_you\\_look\\_at\\_me](http://www.ted.com/talks/dalia_mogahed_what_do_you_think_when_you_look_at_me)

### **Dave Isay: Everyone around You has a Story the Whole World Needs to Hear**

Dave Isay opened the first StoryCorps booth in New York's Grand Central Terminal in 2003 with the intention of creating a quiet place where a person could honor someone who mattered to them by listening to their story. Since then, StoryCorps has evolved into the single largest collection of human voices ever recorded. His TED Prize wish: to grow this digital archive of the collective wisdom of humanity. Hear his vision to take StoryCorps global — and how you can be a part of it by interviewing someone with the StoryCorps app.

[Duration: 22 minutes; Subtitles: 30 languages]

[http://www.ted.com/talks/dave\\_isay\\_everyone\\_around\\_you\\_has\\_a\\_story\\_the\\_world\\_needs\\_to\\_hear](http://www.ted.com/talks/dave_isay_everyone_around_you_has_a_story_the_world_needs_to_hear)

### **Anna Deavere Smith: Four American Characters**

Writer and actor Anna Deavere Smith gives life to author Studs Terkel, convict Paulette Jenkins, a Korean shopkeeper and a bull rider. Here are excerpts from her solo show "On the Road: A Search for American Character."

[Duration: 23 minutes; Subtitles: 19 languages]

[http://www.ted.com/talks/anna\\_deavere\\_smith\\_s\\_american\\_character](http://www.ted.com/talks/anna_deavere_smith_s_american_character)

### **Majora Carter: Greening the Ghetto**

In this emotionally charged talk, MacArthur-winning activist Majora Carter details her fight for environmental justice in the South Bronx — and shows how minority neighborhoods suffer the most from flawed urban policy.

[Duration: 19 minutes; Subtitles: 35 languages]

[http://www.ted.com/talks/majora\\_carter\\_s\\_tale\\_of\\_urban\\_renewal](http://www.ted.com/talks/majora_carter_s_tale_of_urban_renewal)

**Bill Strickland: Building a Neighborhood with Beauty, Dignity and Hope**

Bill Strickland tells a quiet and astonishing tale of redemption through the arts, music, and unlikely partnerships.

[Duration: 36 minutes; Subtitles: 19 languages]

[http://www.ted.com/talks/bill\\_strickland\\_makes\\_change\\_with\\_a\\_slide\\_show](http://www.ted.com/talks/bill_strickland_makes_change_with_a_slide_show)

**ACTIVISM****Kailash Satyarthi: How to Make Peace? Get Angry**

How did a young man born into a high caste in India come to free 83,000 children from slavery? Nobel Peace Prize Laureate Kailash Satyarthi offers a surprising piece of advice to anyone who wants to change the world for the better: Get angry at injustice. In this powerful talk, he shows how a lifetime of peace-making sprang from a lifetime of outrage.

[Duration: 19 minutes; Subtitles: 31 languages]

[http://www.ted.com/talks/kailash\\_satyarthi\\_how\\_to\\_make\\_peace\\_get\\_angry](http://www.ted.com/talks/kailash_satyarthi_how_to_make_peace_get_angry)

**Kakenya Ntaiya: A Girl Who Demanded School**

Kakenya Ntaiya made a deal with her father: She would undergo a traditional Maasai rite of passage, female circumcision, if he would let her go to high school. Ntaiya tells the fearless story of continuing on to college, and of working with her village elders to build a school for girls in her community, changing the destiny of 125 young women.

[Duration: 15 minutes; Subtitles: 35 languages]

[http://www.ted.com/talks/kakenya\\_ntaiya\\_a\\_girl\\_who\\_demanded\\_school](http://www.ted.com/talks/kakenya_ntaiya_a_girl_who_demanded_school)

**Caroline Casey: Looking Past Limits**

Activist Caroline Casey tells the story of her extraordinary life, starting with a revelation (no spoilers). In a talk that challenges perceptions, Casey asks us all to move beyond the limits we may think we have.

[Duration: 19 minutes; Subtitles: 33 languages]

[http://www.ted.com/talks/caroline\\_casey\\_looking\\_past\\_limits](http://www.ted.com/talks/caroline_casey_looking_past_limits)

**Bono: The Good News on Poverty (Yes, There Is Good News)**

Human beings have been campaigning against inequality and poverty for 3,000 years. But this journey is accelerating. Bono "embraces his inner nerd" and shares inspiring data that shows the end of poverty is in sight ... if we can harness the momentum.

[Duration: 14 minutes; Subtitles: 30 languages]

[http://www.ted.com/talks/bono\\_the\\_good\\_news\\_on\\_poverty\\_yes\\_there\\_s\\_good\\_news](http://www.ted.com/talks/bono_the_good_news_on_poverty_yes_there_s_good_news)

**Mia Birdsong: The Story We Tell about Poverty isn't True**

As a global community, we all want to end poverty. Mia Birdsong suggests a great place to start: Let's honor the skills, drive and initiative that poor people bring to the struggle every day. She asks us to look again at people in poverty: They may be broke — but they're not broken.

[Duration: 15 minutes; Subtitles: 25 languages]

[http://www.ted.com/talks/mia\\_birdsong\\_the\\_story\\_we\\_tell\\_about\\_poverty\\_isn\\_t\\_true](http://www.ted.com/talks/mia_birdsong_the_story_we_tell_about_poverty_isn_t_true)

### **Boniface Mwangi: The Day I Stood Up Alone**

Photographer Boniface Mwangi wanted to protest against corruption in his home country of Kenya. So he made a plan: He and some friends would stand up and heckle during a public mass meeting. But when the moment came ... he stood alone. What happened next, he says, showed him who he truly was. As he says, "There are two most powerful days in your life. The day you are born, and the day you discover why." Graphic images.

[Duration 7 minutes; Subtitles: 33 languages]

[http://www.ted.com/talks/boniface\\_mwangi\\_boniface\\_mwangi\\_the\\_day\\_i\\_stood\\_up\\_alone](http://www.ted.com/talks/boniface_mwangi_boniface_mwangi_the_day_i_stood_up_alone)

### **Bruno Torturra: Got a Smartphone: Start Broadcasting**

In 2011, journalist Bruno Torturra covered a protest in São Paulo which turned ugly. His experience of being teargassed had a profound effect on the way he thought about his work, and he quit his job to focus on broadcasting raw, unedited experiences online. In this fascinating talk, he shares some of the ways in which he's experimented with livestreaming on the web, and how in the process he has helped to create a very modern media network.

[Duration: 14 minutes; Subtitles: 22 languages]

[http://www.ted.com/talks/bruno\\_torturra\\_got\\_a\\_smartphone\\_start\\_broadcasting](http://www.ted.com/talks/bruno_torturra_got_a_smartphone_start_broadcasting)

### **Hugh Evans: What Does It Mean to Be a Citizen of the World?**

Hugh Evans started a movement that mobilizes "global citizens," people who self-identify first and foremost not as members of a state, nation or tribe but as members of the human race. In this uplifting and personal talk, learn more about how this new understanding of our place in the world is galvanizing people to take action in the fights against extreme poverty, climate change, gender inequality and more. "These are ultimately global issues," Evans says, "and they can only be solved by global citizens demanding global solutions from their leaders." [Duration:

17 minutes; Subtitles: 28 languages]

[http://www.ted.com/talks/hugh\\_evans\\_what\\_does\\_it\\_mean\\_to\\_be\\_a\\_citizen\\_of\\_the\\_world](http://www.ted.com/talks/hugh_evans_what_does_it_mean_to_be_a_citizen_of_the_world)

### **Wael Ghonim: Let's Design Social Media that Drives Real Change**

Wael Ghonim helped touch off the Arab Spring in his home of Egypt ... by setting up a simple Facebook page. As he reveals, once the revolution spilled onto the streets, it turned from hopeful to messy, then ugly and heartbreaking. And social media followed suit. What was once a place for crowdsourcing, engaging and sharing became a polarized battleground. Ghonim asks: What can we do about online behavior now? How can we use the Internet and social media to create civility and reasoned argument?

[Duration: 14 minutes; Subtitles: 27 languages]

[http://www.ted.com/talks/wael\\_ghonim\\_let\\_s\\_design\\_social\\_media\\_that\\_drives\\_real\\_change](http://www.ted.com/talks/wael_ghonim_let_s_design_social_media_that_drives_real_change)

### **Melati and Isabel Wijsen: Our Campaign to Ban Plastic Bags in Bali**

Plastic bags are essentially indestructible, yet they're used and thrown away with reckless abandon. Most end up in the ocean, where they pollute the water and harm marine life; the rest are burned in garbage piles, where they release harmful dioxins into the atmosphere. Melati and Isabel Wijsen are on a mission to stop plastic bags from suffocating their beautiful island home of Bali. Their efforts — including petitions, beach cleanups, even a hunger strike —

paid off when they convinced their governor to commit to a plastic bag-free Bali by 2018.

**[Duration: 11 minutes; Subtitles: 27 languages]**

[http://www.ted.com/talks/melati\\_and\\_isabel\\_wijzen\\_our\\_campaign\\_to\\_ban\\_plastic\\_bags\\_in\\_bali](http://www.ted.com/talks/melati_and_isabel_wijzen_our_campaign_to_ban_plastic_bags_in_bali)

### **Scilla Elworthy: Fighting with Nonviolence**

How do you deal with a bully without becoming a thug? In this wise and soulful talk, peace activist Scilla Elworthy maps out the skills we need — as nations and individuals — to fight extreme force without using force in return. To answer the question of why and how nonviolence works, she evokes historical heroes — Aung San Suu Kyi, Mahatma Gandhi, Nelson Mandela — and the personal philosophies that powered their peaceful protests.

**[Duration: 16 minutes; Subtitles: 32 languages]**

[http://www.ted.com/talks/scilla\\_elworthy\\_fighting\\_with\\_non\\_violence](http://www.ted.com/talks/scilla_elworthy_fighting_with_non_violence)

### **Zeynep Tufekci: Online Social Change, Easy to Organize, Hard to Win**

Today, a single email can launch a worldwide movement. But as sociologist Zeynep Tufekci suggests, even though online activism is easy to grow, it often doesn't last. Why? She compares modern movements — Gezi, Ukraine, Hong Kong — to the civil rights movement of the 1960s, and uncovers a surprising benefit of organizing protest movements the way it happened before Twitter.

**[Duration: 16 minutes; Subtitles: 22 languages]**

[http://www.ted.com/talks/zeynep\\_tufekci\\_how\\_the\\_internet\\_has\\_made\\_social\\_change\\_easy\\_to\\_organize\\_hard\\_to\\_win](http://www.ted.com/talks/zeynep_tufekci_how_the_internet_has_made_social_change_easy_to_organize_hard_to_win)

### **Andrew Youn: 3 Reasons We Can Win the Fight against Poverty**

Half of the world's poorest people have something in common: they're small farmers. In this eye-opening talk, activist Andrew Youn shows how his group, One Acre Fund, is helping these farmers lift themselves out of poverty by delivering to them life-sustaining farm services that are already in use all over the world. Enter this talk believing we'll never be able to solve hunger and extreme poverty, and leave it with a new understanding of the scale of the world's biggest problems.

**[Duration: 13 minutes; Subtitles: 25 languages]**

[http://www.ted.com/talks/andrew\\_youn\\_3\\_reasons\\_why\\_we\\_can\\_win\\_the\\_fight\\_against\\_poverty](http://www.ted.com/talks/andrew_youn_3_reasons_why_we_can_win_the_fight_against_poverty)

### **Nancy Lublin: Texting that Saves Lives**

When Nancy Lublin started texting teenagers to help with her social advocacy organization, what she found was shocking — they started texting back about their own problems, from bullying to depression to abuse. So she's setting up a text-only crisis line, and the results might be even more important than she expected.

**[Duration: 6 minutes; Subtitles: 40 languages]**

[http://www.ted.com/talks/nancy\\_lublin\\_texting\\_that\\_saves\\_lives](http://www.ted.com/talks/nancy_lublin_texting_that_saves_lives)

### **Peter Gabriel: Fight Injustice with Raw Video**

Musician and activist Peter Gabriel shares his very personal motivation for standing up for human rights with the watchdog group WITNESS — and tells stories of citizen journalists in action.

**[Duration: 14 minutes; Subtitles: 24 languages]**

[http://www.ted.com/talks/peter\\_gabriel\\_fights\\_injustice\\_with\\_video](http://www.ted.com/talks/peter_gabriel_fights_injustice_with_video)

### **Aziza Chaouni: How I Brought a River, and My City Back to Life**

The Fez River winds through the medina of Fez, Morocco—a maze-like medieval city that's a World Heritage site. Once considered the "soul" of this celebrated city, the river succumbed to sewage and pollution, and in the 1950s was covered over bit by bit until nothing remained. TED Fellow Aziza Chaouni recounts her 20 year effort to restore this river to its former glory, and to transform her city in the process.

**[Duration: 6 minutes; Subtitles: 29 languages]**

[http://www.ted.com/talks/aziza\\_chaouni\\_how\\_i\\_brought\\_a\\_river\\_and\\_my\\_city\\_back\\_to\\_life](http://www.ted.com/talks/aziza_chaouni_how_i_brought_a_river_and_my_city_back_to_life)

### **Natalie Warne: Being Young and Making an Impact**

At 18, Natalie Warne's work with the Invisible Children movement made her a hero for young activists. She uses her inspiring story to remind us that no one is too young to change the world.

**[Duration: 13 minutes]**

[http://www.ted.com/talks/natalie\\_warne\\_being\\_young\\_and\\_making\\_an\\_impact](http://www.ted.com/talks/natalie_warne_being_young_and_making_an_impact)

### **Katherine Fulton: You Are the Future of Philanthropy**

In this uplifting talk, Katherine Fulton sketches the new future of philanthropy — one where collaboration and innovation allow regular people to do big things, even when money is scarce. Giving five practical examples of crowd-driven philanthropy, she calls for a new generation of citizen leaders.

**[Duration: 13 minutes; Subtitles: 26 languages]**

[http://www.ted.com/talks/katherine\\_fulton\\_you\\_are\\_the\\_future\\_of\\_philanthropy](http://www.ted.com/talks/katherine_fulton_you_are_the_future_of_philanthropy)

### **Ory Okolloh: How I Became an Activist**

Ory Okolloh tells the story of her life and her family — and how she came to do her heroic work reporting on the doings of Kenya's parliament.

**[Duration: 17 minutes; Subtitles: 19 languages]**

[http://www.ted.com/talks/ory\\_okolloh\\_on\\_becoming\\_an\\_activist](http://www.ted.com/talks/ory_okolloh_on_becoming_an_activist)

## **COUNTERING VIOLENT EXTREMISM**

### **Manwar Ali: Inside the Mind of a Former Radical Jihadist**

"For a long time, I lived for death," says Manwar Ali, a former radical jihadist who participated in violent, armed campaigns in the Middle East and Asia in the 1980s. In this moving talk, he reflects on his experience with radicalization and makes a powerful, direct appeal to anyone drawn to Islamist groups that claim violence and brutality are noble and virtuous: let go of anger and hatred, he says, and instead cultivate your heart to see goodness, beauty and truth in others.

**[Duration: 18 minutes; Subtitles: 16 languages]**

[http://www.ted.com/talks/manwar\\_ali\\_inside\\_the\\_mind\\_of\\_a\\_former\\_radical\\_jihadist](http://www.ted.com/talks/manwar_ali_inside_the_mind_of_a_former_radical_jihadist)

### **Zak Ebrahim: I Am the Son of a Terrorist. Here's How I Chose Peace**

If you're raised on dogma and hate, can you choose a different path? Zak Ebrahim was just seven years old when his father helped plan the 1993 World Trade Center bombing. His story is shocking, powerful and, ultimately, inspiring.

**[Duration: 9 minutes]**

[https://www.ted.com/talks/zak\\_brahim\\_i\\_am\\_the\\_son\\_of\\_a\\_terrorist\\_here\\_s\\_how\\_i\\_chose\\_peace](https://www.ted.com/talks/zak_brahim_i_am_the_son_of_a_terrorist_here_s_how_i_chose_peace)

### **Karima Bennouna: "Your Fatwa Doesn't Apply Here." When People of Muslim Heritage Challenge Fundamentalism**

Karima Bennouna shares four powerful stories of real people fighting against fundamentalism in their own communities — refusing to allow the faith they love to become a tool for crime, attacks and murder. These personal stories humanize one of the most overlooked human-rights struggles in the world.

**[Duration: 20 minutes; Subtitles: 27 languages]**

[https://www.ted.com/talks/karima\\_bennouna\\_the\\_side\\_of\\_terrorism\\_that\\_doesn\\_t\\_make\\_headlines](https://www.ted.com/talks/karima_bennouna_the_side_of_terrorism_that_doesn_t_make_headlines)

About Karima Bennouna: <https://www.karimabennouna.com/about-karima/>

### **Mustafa Akyol: Faith versus Tradition in Islam**

Journalist Mustafa Akyol talks about the way that some local cultural practices (such as the seclusion of women) have become linked, in the popular mind, to the articles of faith of Islam. Has the world's general idea of the Islamic faith focused too much on tradition, and not enough on core beliefs?

**[Duration: 17 minutes; Subtitles: 37 languages]**

[https://www.ted.com/talks/mustafa\\_akyol\\_faith\\_versus\\_tradition\\_in\\_islam](https://www.ted.com/talks/mustafa_akyol_faith_versus_tradition_in_islam)

### **Mohamed Ali: The Link between Unemployment and Terrorism – a Case for Entrepreneurship**

For the young and unemployed in the world's big cities, dreams of opportunity and wealth do come true — but too often because they're heavily recruited by terrorist groups and other violent organizations. Human rights advocate Mohamed Ali draws on stories from his native Mogadishu to make a powerful case for innovation incubators for our cities' young and ambitious.

**[Duration: 9 minutes; Subtitles: 32 languages]**

[https://www.ted.com/talks/mohamed\\_ali\\_the\\_link\\_between\\_unemployment\\_and\\_terrorism](https://www.ted.com/talks/mohamed_ali_the_link_between_unemployment_and_terrorism)

### **Deeyah Khan: What We Don't Know about Europe's Muslim Kids**

As the child of an Afghan mother and Pakistani father raised in Norway, Deeyah Khan knows what it's like to be a young person stuck between your community and your country. In this powerful, emotional talk, the filmmaker unearths the rejection and isolation felt by many Muslim kids growing up in the West — and the deadly consequences of not embracing our youth before extremist groups do.



[Duration: 20 minutes; Subtitles: 12 languages]

[https://www.ted.com/talks/deeyah\\_khan\\_what\\_we\\_don\\_t\\_know\\_about\\_europe\\_s\\_muslim\\_kids](https://www.ted.com/talks/deeyah_khan_what_we_don_t_know_about_europe_s_muslim_kids)

### **Jason McCue: Terrorism Is a Failed Brand**

In this gripping talk, lawyer Jason McCue urges for a new way to attack terrorism, to weaken its credibility with those who are buying the product -- the recruits. He shares stories of real cases where he and other activists used this approach to engage and create change. [Duration: 19 minutes; Subtitles: 22 languages]

[https://www.ted.com/talks/jason\\_mccue\\_terrorism\\_is\\_a\\_failed\\_brand](https://www.ted.com/talks/jason_mccue_terrorism_is_a_failed_brand)

## **CULTURAL HERITAGE**

### **Sarah Parcak: Help Discover Ancient Ruins -- Before It's Too Late**

Sarah Parcak uses satellites orbiting hundreds of miles above Earth to uncover hidden ancient treasures buried beneath our feet. There's a lot to discover; in the Egyptian Delta alone, Parcak estimates we've excavated less than a thousandth of one percent of what's out there. Now, with the 2016 TED Prize and an infectious enthusiasm for archaeology, she's developed an online platform called GlobalXplorer that enables anyone with an internet connection to discover unknown sites and protect what remains of our shared human inheritance. [Duration: 22 minutes; Subtitles: 12 languages]

[https://www.ted.com/talks/sarah\\_parcak\\_help\\_discover\\_ancient\\_ruins\\_before\\_it\\_s\\_too\\_late](https://www.ted.com/talks/sarah_parcak_help_discover_ancient_ruins_before_it_s_too_late)

## **DEMOCRACY AND RULE OF LAW**

### **Heather Brooke: My Battle to Expose Government Corruption**

Our leaders need to be held accountable, says journalist Heather Brooke. And she should know: Brooke uncovered the British Parliamentary financial expenses that lead to a major political scandal in 2009. She urges us to ask our leaders questions through platforms like Freedom of Information requests -- and to finally get some answers.

[Duration: 19 minutes; Subtitles: 25 languages]

[https://www.ted.com/talks/heather\\_brooke\\_my\\_battle\\_to\\_expose\\_government\\_corruption](https://www.ted.com/talks/heather_brooke_my_battle_to_expose_government_corruption)

### **Kimberley Motley: How I Defend the Rule of Law**

Every human deserves protection under their country's laws — even when that law is forgotten or ignored. Sharing three cases from her international legal practice, Kimberley Motley, an American litigator practicing in Afghanistan and elsewhere, shows how a country's own laws can bring both justice and “justness”: using the law for its intended purpose, to protect.

[Duration: 16 minutes; Subtitles: 26 languages]

[https://www.ted.com/talks/kimberley\\_motley\\_how\\_i\\_defend\\_the\\_rule\\_of\\_law](https://www.ted.com/talks/kimberley_motley_how_i_defend_the_rule_of_law)

### **Michael Sandel: The Lost Art of Democratic Debate**



Democracy thrives on civil debate, says Michael Sandel --- but we're shamefully out of practice. He leads a fun refresher, with TEDsters sparring over a recent Supreme Court case (PGA Tour Inc. v. Martin) whose outcome reveals the critical ingredient in justice.

**[Duration: 20 minutes; Subtitles: 32 languages]**

[https://www.ted.com/talks/michael\\_sandel\\_the\\_lost\\_art\\_of\\_democratic\\_debate](https://www.ted.com/talks/michael_sandel_the_lost_art_of_democratic_debate)

### **Michael Sandel: What's the Right Thing to Do?**

Is torture ever justified? Would you steal a drug that your child needs to survive? Is it sometimes wrong to tell the truth? How much is one human life worth? In the "Justice" program that bears his name, Harvard professor Michael Sandel probes these questions -- and asks what you think, and why.

**[Duration: 55 minutes]**

[https://www.ted.com/talks/michael\\_sandel\\_what\\_s\\_the\\_right\\_thing\\_to\\_do](https://www.ted.com/talks/michael_sandel_what_s_the_right_thing_to_do)

## **DISABILITY**

### **Aimee Mullins: My 12 Pairs of Legs**

Athlete, actor and activist Aimee Mullins talks about her prosthetic legs — she's got a dozen amazing pairs — and the superpowers they grant her: speed, beauty, an extra 6 inches of height ... Quite simply, she redefines what the body can be.

**[Duration: 10 minutes; Subtitles: 42 languages]**

[http://www.ted.com/talks/aimee\\_mullins\\_prosthetic\\_aesthetics](http://www.ted.com/talks/aimee_mullins_prosthetic_aesthetics)

### **Aimee Mullins: The Opportunity of Adversity**

The thesaurus might equate "disabled" with synonyms like "useless" and "mutilated," but ground-breaking runner Aimee Mullins is out to redefine the word. Defying these associations, she shows how adversity — in her case, being born without shinbones — actually opens the door for human potential.

**[Duration: 22 minutes; Subtitles: 33 languages]**

[http://www.ted.com/talks/aimee\\_mullins\\_the\\_opportunity\\_of\\_adversity](http://www.ted.com/talks/aimee_mullins_the_opportunity_of_adversity)

### **Stella Young: I Am Not Your Inspiration, Thank You Very Much**

Stella Young is a comedian and journalist who happens to go about her day in a wheelchair — a fact that doesn't, she'd like to make clear, automatically turn her into a noble inspiration to all humanity.

**[Duration: 9 minutes; Subtitles: 33 languages]**

[http://www.ted.com/talks/stella\\_young\\_i\\_m\\_not\\_your\\_inspiration\\_thank\\_you\\_very\\_much](http://www.ted.com/talks/stella_young_i_m_not_your_inspiration_thank_you_very_much)

### **Rosie King: How Autism Freed Me to Be Myself**

"People are so afraid of variety that they try to fit everything into a tiny little box with a specific label," says 16-year-old Rosie King, who is bold, brash and autistic. She wants to know: Why is everyone so worried about being normal? She sounds a clarion call for every kid, parent, teacher and person to celebrate uniqueness. It's a soaring testament to the potential of human diversity.

[Duration: 6 minutes; Subtitles: 33 languages]

[http://www.ted.com/talks/rosie\\_king\\_how\\_autism\\_freed\\_me\\_to\\_be\\_myself](http://www.ted.com/talks/rosie_king_how_autism_freed_me_to_be_myself)

## **DIVERSITY**

### **Yassmin Abdel-Magied: What Does My Headscarf Mean to You?**

What do you think when you look at this speaker? Well, think again. (And then again.) In this funny, honest, empathetic talk, Yassmin Abdel-Magied challenges us to look beyond our initial perceptions, and to open doors to new ways of supporting others.

[Duration: 14 minutes; Subtitles: 30 languages]

[http://www.ted.com/talks/yassmin\\_abdel\\_magied\\_what\\_does\\_my\\_headscarf\\_mean\\_to\\_you](http://www.ted.com/talks/yassmin_abdel_magied_what_does_my_headscarf_mean_to_you)

### **Chimamanda Ngozi Adichie: We Should All Be Feminists**

Renowned Nigerian novelist Chimamanda Ngozi Adichie offers a new definition of feminism rooted in inclusion and awareness.

[Duration: 30 minutes; Subtitles: 1 language]

[https://www.ted.com/talks/chimamanda\\_ngozi\\_adichie\\_we\\_should\\_all\\_be\\_feminists](https://www.ted.com/talks/chimamanda_ngozi_adichie_we_should_all_be_feminists)

### **Jude Kelly: Why Women Should Tell the Stories of Humanity**

For many centuries (and for many reasons) critically acclaimed creative genius has generally come from a male perspective. As theater director Jude Kelly points out in this passionately reasoned talk, that skew affects how we interpret even non-fictional women's stories and rights. She thinks there's a more useful, inclusive way to look at the world, and she calls on artists -- women and men -- to paint, draw, write about, film and imagine a gender-equal society.

[Duration: 13 minutes; Subtitles: 11 languages]

[https://www.ted.com/talks/jude\\_kelly\\_why\\_women\\_should\\_tell\\_the\\_stories\\_of\\_humanity](https://www.ted.com/talks/jude_kelly_why_women_should_tell_the_stories_of_humanity)

### **Gayle Tzemach Lemmon: Women Entrepreneurs, Example -- Not Exception**

Women aren't micro--so why do they only get micro-loans? Reporter Gayle Tzemach Lemmon argues that women running all types of firms -- from home businesses to major factories -- are the overlooked key to economic development.

[Duration: 13 minutes; Subtitles: 32 languages]

[https://www.ted.com/talks/gayle\\_tzemach\\_lemmon\\_women\\_entrepreneurs\\_example\\_not\\_exception](https://www.ted.com/talks/gayle_tzemach_lemmon_women_entrepreneurs_example_not_exception)

### **Caroline Paul: To Raise Brave Girls, Encourage Adventure**

Gutsy girls skateboard, climb trees, clamber around, fall down, scrape their knees, get right back up -- and grow up to be brave women. Learn how to spark a little productive risk-taking and raise confident girls with stories and advice from firefighter, paraglider and all-around adventurer Caroline Paul.

[Duration: 13 minutes; Subtitles: 11 languages]

[https://www.ted.com/talks/caroline\\_paul\\_to\\_raise\\_brave\\_girls\\_encourage\\_adventure](https://www.ted.com/talks/caroline_paul_to_raise_brave_girls_encourage_adventure)

## **ECONOMICS**

### **Dambisa Moyo: Economic Growth Has Stalled, Let's Fix It**

Economic growth is the defining challenge of our time; without it, political and social instability rises, human progress stagnates and societies grow dimmer. But, says economist Dambisa Moyo, dogmatic capitalism isn't creating the growth we need. As she shows, in both state-sponsored and market-driven models, capitalism is failing to solve social ills, fostering corruption and creating income inequality. Moyo surveys the current economic landscape and suggests that we have to start thinking about capitalism as a spectrum so we can blend the best of different models together to foster growth.

[Duration: 14 minutes; Subtitles: 20 languages]

[http://www.ted.com/talks/dambisa\\_moyo\\_economic\\_growth\\_has\\_stalled\\_let\\_s\\_fix\\_it](http://www.ted.com/talks/dambisa_moyo_economic_growth_has_stalled_let_s_fix_it)

## **ENTREPRENEURSHIP**

### **Bill Gross: The Single Biggest Reason Why Business Startups Succeed**

Bill Gross has founded a lot of startups, and incubated many others — and he got curious about why some succeeded and others failed. So he gathered data from hundreds of companies, his own and other people's, and ranked each company on five key factors. He found one factor that stands out from the others — and surprised even him.

[Duration: 6:40; Subtitles: 40 languages]

[https://www.ted.com/talks/bill\\_gross\\_the\\_single\\_biggest\\_reason\\_why\\_startups\\_succeed](https://www.ted.com/talks/bill_gross_the_single_biggest_reason_why_startups_succeed)

### **Susan Colantuono: The Career Advice You Probably Didn't Get (Leadership)**

You're doing everything right at work, taking all the right advice, but you're just not moving up. Why? Susan Colantuono shares a simple, surprising piece of advice you might not have heard before quite so plainly. This talk, while aimed at an audience of women, has universal takeaways — for men and women, new grads and midcareer workers.

[Duration: 14 minutes; Subtitles: 24 languages]

[https://www.ted.com/talks/susan\\_colantuono\\_the\\_career\\_advice\\_you\\_probably\\_didn\\_t\\_get](https://www.ted.com/talks/susan_colantuono_the_career_advice_you_probably_didn_t_get)

### **Jia Jiang: What I Learned from 100 Days of Rejection**

Jia Jiang adventures boldly into a territory so many of us fear: rejection. By seeking out rejection for 100 days --- from asking a stranger to borrow \$100 to requesting a "burger refill" at a restaurant --- Jiang desensitized himself to the pain and shame that rejection often brings and, in the process, discovered that simply asking for what you want can open up possibilities where you expect to find dead ends.

[Duration: 16 minutes; Subtitles: 26 languages]

[https://www.ted.com/talks/jia\\_jiang\\_what\\_i\\_learned\\_from\\_100\\_days\\_of\\_rejection](https://www.ted.com/talks/jia_jiang_what_i_learned_from_100_days_of_rejection)

## **ENVIRONMENTAL ISSUES**

### **Deepika Kurup: A Young Scientist's Quest for Clean Water**

Deepika Kurup has been determined to solve the global water crisis since she was 14 years old, after she saw kids outside her grandparents' house in India drinking water that looked too dirty even to touch. Her research began in her family kitchen — and eventually led to a major science prize. Hear how this teenage scientist developed a cost-effective, eco-friendly way to purify water.

**[Duration: 8 minutes; Subtitles: 8 languages]**

[https://www.ted.com/talks/deepika\\_kurup\\_a\\_young\\_scientist\\_s\\_quest\\_for\\_clean\\_water](https://www.ted.com/talks/deepika_kurup_a_young_scientist_s_quest_for_clean_water)

### **Jackie Savitz: Save the Oceans, Feed the World**

What's a marine biologist doing talking about world hunger? Well, says Jackie Savitz, fixing the world's oceans might just help to feed the planet's billion hungriest people. In an eye-opening talk, Savitz tells us what's really going on in our global fisheries right now — it's not good — and offers smart suggestions of how we can help them heal, while making more food for all.

**[Duration: 11 minutes; Subtitles: 31 languages]**

[https://www.ted.com/talks/jackie\\_savitz\\_save\\_the\\_oceans\\_feed\\_the\\_world](https://www.ted.com/talks/jackie_savitz_save_the_oceans_feed_the_world)

### **Gavin Schmidt: The Emergent Patterns of Climate Change**

You can't understand climate change in pieces, says NASA climate scientist Gavin Schmidt. It's the whole, or it's nothing. In this illuminating talk, he explains how he studies the big picture of climate change with mesmerizing models that illustrate the endlessly complex interactions of small-scale environmental events.

**[Duration: 12 minutes; Subtitles: 24 languages]**

[https://www.ted.com/talks/gavin\\_schmidt\\_the\\_emergent\\_patterns\\_of\\_climate\\_change](https://www.ted.com/talks/gavin_schmidt_the_emergent_patterns_of_climate_change)

### **Marla Spivak: Why Bees Are Disappearing**

Honeybees have thrived for 50 million years, each colony of 40 to 50,000 individuals coordinated in amazing harmony. So why, seven years ago, did colonies start dying en masse? Marla Spivak reveals four reasons which are interacting with tragic consequences. This is not simply a problem because bees pollinate a third of the world's crops. Could this incredible species be holding up a mirror for us?

**[Duration: 16 minutes; Subtitles: 34 languages]**

[https://www.ted.com/talks/marla\\_spivak\\_why\\_bees\\_are\\_disappearing](https://www.ted.com/talks/marla_spivak_why_bees_are_disappearing)

### **Mike Velings: The Case for Fish Farming**

We're headed towards a global food crisis: Nearly 3 billion people depend on the ocean for food, and at our current rate we already take more fish from the ocean than it can naturally replace. In this fact-packed, eye-opening talk, entrepreneur and conservationist Mike Velings proposes a solution: Aquaculture, or fish farming. "We must start using the ocean as farmers instead of hunters," he says, echoing Jacques Cousteau. "The day will come where people will demand farmed fish on their plates that's farmed well and farmed healthy -- and refuse anything less."

**[Duration: 15 minutes; Subtitles: 22 languages]**

[https://www.ted.com/talks/mike\\_velings\\_the\\_case\\_for\\_fish\\_farming](https://www.ted.com/talks/mike_velings_the_case_for_fish_farming)

## **HEALTH**

### **Myriam Sidibe: The Simple Power of Hand-Washing**

Myriam Sidibe is a warrior in the fight against childhood disease. Her weapon of choice? A bar of soap. For cost-effective prevention against sickness, it's hard to beat soapy hand-washing, which cuts down risk of pneumonia, diarrhea, cholera and worse. Sidibe, a public-health expert, makes a smart case for public-private partnerships to promote clean hands — and local, sustainable entrepreneurship.

**[Duration: 12 minutes; Subtitles: 32 languages]**

[https://www.ted.com/talks/myriam\\_sidibe\\_the\\_simple\\_power\\_of\\_hand\\_washing](https://www.ted.com/talks/myriam_sidibe_the_simple_power_of_hand_washing)

## **INSPIRATION**

### **Dan Pallotta: The Dream We Haven't Dared to Dream**

What are your dreams? Better yet, what are your broken dreams? **Dan Pallotta** dreams of a time when we are as excited, curious and scientific about the development of our humanity as we are about the development of our technology. "What we fear most is that we will be denied the opportunity to fulfill our true potential," Pallotta says. "Imagine living in a world where we simply recognize that deep, existential fear in one another — and love one another boldly because we know that to be human is to live with that fear."

**[Duration: 12 minutes; Subtitles: 25 languages]**

[http://www.ted.com/talks/dan\\_pallotta\\_the\\_dream\\_we\\_haven\\_t\\_dared\\_to\\_dream](http://www.ted.com/talks/dan_pallotta_the_dream_we_haven_t_dared_to_dream)

## **JOURNALISM AND MEDIA**

### **Markham Nolan: How to Separate Fact and Fiction Online**

By the end of this talk, there will be 864 more hours of video on YouTube and 2.5 million more photos on Facebook and Instagram. So how do we sort through the deluge? At the TEDSalon in London, Markham Nolan shares the investigative techniques he and his team use to verify information in real-time, to let you know if that Statue of Liberty image has been doctored or if that video leaked from Syria is legitimate.

**[Duration: 14 minutes; Subtitles: 25 languages]**

[https://www.ted.com/talks/markham\\_nolan\\_how\\_to\\_separate\\_fact\\_and\\_fiction\\_online](https://www.ted.com/talks/markham_nolan_how_to_separate_fact_and_fiction_online)

### **Lara Setrakian: Ways to Fix a Broken News Industry**

Something is very wrong with the news industry. Trust in the media has hit an all-time low; we're inundated with sensationalist stories, and consistent, high-quality reporting is scarce, says journalist Lara Setrakian. She shares three ways we can fix the news to better inform all of us about the complex issues of our time.

**[Duration: 9 minutes; Subtitles: 14 languages]**

[https://www.ted.com/talks/lara\\_setrakian\\_3\\_ways\\_to\\_fix\\_a\\_broken\\_news\\_industry](https://www.ted.com/talks/lara_setrakian_3_ways_to_fix_a_broken_news_industry)

## **LGBT**

### **Jenni Chang and Lisa Dazols: This is What LGBT Life is Like around the World**

As a gay couple in San Francisco, Jenni Chang and Lisa Dazols had a relatively easy time living the way they wanted. But outside the bubble of the Bay Area, what was life like for people still lacking basic rights? They set off on a world tour in search of “Supergays,” LGBT people who were doing something extraordinary in the world. In 15 countries across Africa, Asia and South America -- from India, recently home to the world’s first openly gay prince, to Argentina, the first country in Latin America to grant marriage equality -- they found the inspiring stories and the courageous, resilient and proud Supergays they had been looking for.

**[Duration: 12 minutes; Subtitles: 22 languages]**

[https://www.ted.com/talks/jenni\\_chang\\_and\\_lisa\\_dazols\\_this\\_is\\_what\\_lgbt\\_life\\_is\\_like\\_around\\_the\\_world](https://www.ted.com/talks/jenni_chang_and_lisa_dazols_this_is_what_lgbt_life_is_like_around_the_world)

### **Geena Rocero: Why I Must Come Out**

When fashion model Geena Rocero first saw a photo of herself in a bikini, "I thought ... you have arrived!" As she reveals, that's because she was born with the gender assignment "boy." In this moving talk, Rocero tells the story of becoming who she always knew she was.

**[Duration: 10 minutes; Subtitles: 32 languages]**

[http://www.ted.com/talks/geena\\_rocero\\_why\\_i\\_must\\_come\\_out](http://www.ted.com/talks/geena_rocero_why_i_must_come_out)

### **io Tillett Wright: Fifty Shades of Gay**

io Tillett Wright has photographed 2,000 people who consider themselves somewhere on the LGBTQ spectrum — and asked many of them: Can you assign a percentage to how gay or straight you are? Most people, it turns out, consider themselves to exist in the gray areas of sexuality, not 100% gay or straight. Which presents a real problem when it comes to discrimination: Where do you draw the line?

**[Duration: 18 minutes; Subtitles: 34 languages]**

[http://www.ted.com/talks/io\\_tillett\\_wright\\_fifty\\_shades\\_of\\_gay](http://www.ted.com/talks/io_tillett_wright_fifty_shades_of_gay)

## **SOCIAL ISSUES**

### **Monica Lewinsky: Cyber Bullying: The Price of Shame**

"Public shaming as a blood sport has to stop," says Monica Lewinsky. In 1998, she says, "I was Patient Zero of losing a personal reputation on a global scale almost instantaneously." Today, the kind of online public shaming she went through has become constant — and can turn deadly. In a brave talk, she takes a hard look at our online culture of humiliation, and asks for a different way.

**[Duration: 22 minutes; Subtitles: 41 languages]**

[https://www.ted.com/talks/monica\\_lewinsky\\_the\\_price\\_of\\_shame](https://www.ted.com/talks/monica_lewinsky_the_price_of_shame)

### **Noy Thrupkaew: Human Trafficking Is All Around You. This Is how it Works...**

Behind the everyday bargains we all love — the \$10 manicure, the unlimited shrimp buffet — is a hidden world of forced labor to keep those prices at rock bottom. Noy Thrupkaew

investigates human trafficking – which flourishes in the US and Europe, as well as developing countries – and shows us the human faces behind the exploited labor that feeds global consumers.

**[Duration: 19 minutes; Subtitles: 24 languages]**

[https://www.ted.com/talks/noy\\_thrupkaew\\_human\\_trafficking\\_is\\_all\\_around\\_you\\_this\\_is\\_how\\_it\\_works](https://www.ted.com/talks/noy_thrupkaew_human_trafficking_is_all_around_you_this_is_how_it_works)

### **Jeffrey Brown: How We Cut Youth Violence in Boston by 79 Percent**

An architect of the "Boston miracle," Rev. Jeffrey Brown started out as a bewildered young pastor watching his Boston neighborhood fall apart around him, as drugs and gang violence took hold of the kids on the streets. The first step to recovery: Listen to those kids, don't just preach to them, and help them reduce violence in their own neighborhoods. It's a powerful talk about listening to make change.

**[Duration: 18 minutes; Subtitles: 20 languages]**

[https://www.ted.com/talks/jeffrey\\_brown\\_how\\_we\\_cut\\_youth\\_violence\\_in\\_boston\\_by\\_79\\_percent](https://www.ted.com/talks/jeffrey_brown_how_we_cut_youth_violence_in_boston_by_79_percent)

### **Dalia Mogahed: What Do You Think When You Look at Me?**

When you look at Muslim scholar Dalia Mogahed, what do you see: a woman of faith? a scholar, a mom, a sister? or an oppressed, brainwashed, potential terrorist? In this personal, powerful talk, Mogahed asks us, in this polarizing time, to fight negative perceptions of her faith in the media — and to choose empathy over prejudice.

**[Duration: 16 minutes; Subtitles: 28 languages]**

[https://www.ted.com/talks/dalia\\_mogahed\\_what\\_do\\_you\\_think\\_when\\_you\\_look\\_at\\_me](https://www.ted.com/talks/dalia_mogahed_what_do_you_think_when_you_look_at_me)

## **STEM**

### **Laura Snyder: The Philosophical Breakfast Club**

In 1812, four men at Cambridge University met for breakfast. What began as an impassioned meal grew into a new scientific revolution, in which these men — who called themselves “natural philosophers” until they later coined “scientist” — introduced four major principles into scientific inquiry. Historian and philosopher Laura Snyder tells their intriguing story.

**[Duration: 13 minutes; Subtitles: 28 languages]**

[http://www.ted.com/talks/laura\\_snyder\\_the\\_philosophical\\_breakfast\\_club](http://www.ted.com/talks/laura_snyder_the_philosophical_breakfast_club)

## **TECHNOLOGY**

### **Grady Booch: Don't Fear Artificial Intelligence**

New tech spawns new anxieties, says scientist and philosopher Grady Booch, but we don't need to be afraid an all-powerful, unfeeling AI. Booch allays our worst (sci-fi induced) fears about superintelligent computers by explaining how we'll teach, not program, them to share our



human values. Rather than worry about an unlikely existential threat, he urges us to consider how artificial intelligence will enhance human life.

**[Duration: 10:21; Subtitles: 13 languages]**

[https://www.ted.com/talks/grady\\_booch\\_don\\_t\\_fear\\_superintelligence](https://www.ted.com/talks/grady_booch_don_t_fear_superintelligence)

### **Maurice Conti: The Incredible Inventions of Intuitive Artificial Intelligence**

What do you get when you give a design tool a digital nervous system? Computers that improve our ability to think and imagine, and robotic systems that come up with (and build) radical new designs for bridges, cars, drones and much more --- all by themselves. Take a tour of the Augmented Age with futurist Maurice Conti and preview a time when robots and humans will work side-by-side to accomplish things neither could do alone.

**[Duration: 15:23; Subtitles: 10 languages]**

[https://www.ted.com/talks/maurice\\_conti\\_the\\_incredible\\_inventions\\_of\\_intuitive\\_ai](https://www.ted.com/talks/maurice_conti_the_incredible_inventions_of_intuitive_ai)

### **Jonathan Rossiter: A Robot that Eats Pollution**

Meet the “Row-bot,” a robot that cleans up pollution and generates the electricity needed to power itself by swallowing dirty water. Roboticist Jonathan Rossiter explains how this special swimming machine, which uses a microbial fuel cell to neutralize algal blooms and oil slicks, could be a precursor to biodegradable, autonomous pollution-fighting robots.

**[Duration: 14 minutes; Subtitles: 5 languages]**

[https://www.ted.com/talks/jonathan\\_rossiter\\_a\\_robot\\_that\\_eats\\_pollution](https://www.ted.com/talks/jonathan_rossiter_a_robot_that_eats_pollution)

### **James Veitch: This is What Happens when You Reply to Spam Email**

Suspicious emails: unclaimed insurance bonds, diamond-encrusted safe deposit boxes, close friends marooned in a foreign country. They pop up in our inboxes, and standard procedure is to delete on sight. But what happens when you reply? Follow along as writer and comedian James Veitch narrates a hilarious, weeks-long exchange with a spammer who offered to cut him in on a hot deal.

**[Duration: 10 minutes; Subtitles: 42 languages]**

[https://www.ted.com/talks/james\\_veitch\\_this\\_is\\_what\\_happens\\_when\\_you\\_reply\\_to\\_spam\\_email](https://www.ted.com/talks/james_veitch_this_is_what_happens_when_you_reply_to_spam_email)

## **WOMEN/GENDER**

### **Leila Hoteit: 3 Lessons on Success from an Arab Businesswoman**

Professional Arab women juggle more responsibilities than their male counterparts, and they face more cultural rigidity than Western women. What can their success teach us about tenacity, competition, priorities and progress? Tracing her career as an engineer, advocate and mother in Abu Dhabi, Leila Hoteit shares three lessons for thriving in the modern world.

**[Duration: 14 minutes; Subtitles: 23 languages]**

[https://www.ted.com/talks/leila\\_hoteit\\_3\\_lessons\\_on\\_success\\_from\\_an\\_arab\\_businesswoman](https://www.ted.com/talks/leila_hoteit_3_lessons_on_success_from_an_arab_businesswoman)

### **Michael Kimmel: Why Gender Equality is Good for Everyone, Men Included**

Yes, we all know it's the right thing to do. But Michael Kimmel makes the surprising, funny, practical case for treating men and women equally in the workplace and at home. It's not a zero-sum game, but a win-win that will result in more opportunity and more happiness for everybody.

**[Duration: 16 minutes; Subtitles: 29 languages]**

[http://www.ted.com/talks/michael\\_kimmel\\_why\\_gender\\_equality\\_is\\_good\\_for\\_everyone\\_men\\_included](http://www.ted.com/talks/michael_kimmel_why_gender_equality_is_good_for_everyone_men_included)

### **Elizabeth Nyamayaro: An Invitation to Men Who Want a Better World for Women**

Around the world, women still struggle for equality in basic matters like access to education, equal pay and the right to vote. But how to enlist everyone, men and women, as allies for change? Meet Elizabeth Nyamayaro, head of UN Women's HeForShe initiative, which has created more than 2.4 billion social media conversations about a more equal world. She invites us all to join in as allies in our shared humanity.

**[Duration: 13 minutes; Subtitles: 28 languages]**

[http://www.ted.com/talks/elizabeth\\_nyamayaro\\_an\\_invitation\\_to\\_men\\_who\\_want\\_a\\_better\\_world\\_for\\_women](http://www.ted.com/talks/elizabeth_nyamayaro_an_invitation_to_men_who_want_a_better_world_for_women)

### **Meera Vijayann: Find Your Voice against Gender Violence**

This talk begins with a personal story of sexual violence that may be difficult to listen to. But that's the point, says citizen journalist: Meera Vijayann. Speaking out on tough, taboo topics is the spark for change. Vijayann uses digital media to speak honestly about her experience of gender violence in her home country of India — and calls on others to speak out too.

**[Duration: 14 minutes Subtitles: 27 languages]**

[http://www.ted.com/talks/meera\\_vijayann\\_find\\_your\\_voice\\_against\\_gender\\_violence](http://www.ted.com/talks/meera_vijayann_find_your_voice_against_gender_violence)

### **Alaa Murabit: What My Religion Really Says about Women**

Strong faith is a core part of Alaa Murabit's identity — but when she moved from Canada to Libya as a young woman, she was surprised how the tenets of Islam were used to severely limit women's rights, independence and ability to lead. She wondered: Was this really religious doctrine? With humor, passion and a refreshingly rebellious spirit, she shares how she found examples of female leaders across the history of her faith — and how she speaks up for women using verses from the Koran.

**[Duration: 12 minutes; Subtitles: 32 languages]**

[https://www.ted.com/talks/alaa\\_murabit\\_what\\_my\\_religion\\_really\\_says\\_about\\_women](https://www.ted.com/talks/alaa_murabit_what_my_religion_really_says_about_women)

### **Reshma Saujani: Teach Girls Bravery, not Perfection**

We're raising our girls to be perfect, and we're raising our boys to be brave, says Reshma Saujani, the founder of Girls Who Code. Saujani has taken up the charge to socialize young girls to take risks and learn to program — two skills they need to move society forward. To truly innovate, we cannot leave behind half of our population, she says. "I need each of you to tell every young woman you know to be comfortable with imperfection."

**[Duration: 12:30; Subtitles: 33 languages]**

[https://www.ted.com/talks/reshma\\_saujani\\_teach\\_girls\\_bravery\\_not\\_perfection](https://www.ted.com/talks/reshma_saujani_teach_girls_bravery_not_perfection)

**Memory Banda: A Warrior's Cry against Child Marriage**

Memory Banda's life took a divergent path from her sister's. When her sister reached puberty, she was sent to a traditional "initiation camp" that teaches girls "how to sexually please a man." She got pregnant there — at age 11. Banda, however, refused to go. Instead, she organized others and asked her community's leader to issue a bylaw that no girl should be forced to marry before turning 18. She pushed on to the national level ... with incredible results for girls across Malawi.

**[Duration: 13 minutes; Subtitles: 35 languages]**

[https://www.ted.com/talks/memory\\_banda\\_a\\_warrior\\_s\\_cry\\_against\\_child\\_marriage](https://www.ted.com/talks/memory_banda_a_warrior_s_cry_against_child_marriage)